

Useful Tips for Hosting a Party Where Alcohol is Served

- **Serve snack foods early and often.** This tends to slow down the assimilation of alcohol.
- **Plan some activity such as dancing or games.** This usually tends to cut down on the amount of alcohol consumed.
- Always respect the wishes of any guest who says "No, thanks" to the offer of a drink. **Make non-alcoholic beverages available** for those guests who prefer not to consume alcohol.
- When mixing drinks, **include lots of mix** and use **standard measures** to ensure that you do not "over-pour" drinks.
- **Arrange transportation** for alcohol-impaired guests, or encourage them to spend the night. Don't be afraid to take keys away.